



2012 Dates to Remember

- Mar 13-18 41st National Retiree Rally,
N. Florida Fairgrounds,
Tallahassee, FL
- May 16-18 Spring State Retiree Rally,
N. 340 Campground,
Waynesboro, VA
- May 18-20 Spring Statewide,
N. 340 Campground,
Waynesboro, VA
- July 6-10 S. E. Regional, James B. Ward
Agricultural Center, Lebanon,
TN
- July 13-20 52nd National Campvention,
Blyth, Ontario, Canada
Early Bird Days, Wed & Thurs,
July 11 & 12

**Deadline for Spring 2012 ODC Articles
Mar 1, 2012**

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Staff

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National News

National Retiree Rally

March 13-18, 2012, at the North Florida Fairgrounds in Tallahassee, FL. The Rally fee, \$185.00, includes two (2) meals and an ice cream social. Early Bird days are Mar 11 & 12 @ \$17 per night. All are welcome. A Registration form is available in the November issue of Camping Today or on line at www.fcrv.org.

National Campvention 2012

Campvention is in Blyth, Ontario, Canada. Early Bird Days are Jul 11-12, 2012. You will need a passport or a pass card. Either can be obtained at your local post office. You should apply for either as soon as possible if you plan to attend. Information about travel in Canada was included in the last ODC (Fall issue). A Registration form is in Camping Today or can be obtained online at www.fcrv.org.

E-Voting is Coming!

This year FCRV members will be able to vote "on line". In order to receive a ballot you must send your email address to the National office by February 21st at fcrvnat@verizon.net. Be sure to include your name, membership number and address. Those who do not wish to E-Vote will receive their traditional ballot in the mail as usual. It should reach you in March.

Happy New Year!

Regional News

The 2012 S.E. Regional will be held at the James B. Ward Agricultural Center in Lebanon, TN, July 6-10. These dates were chosen so that units going to National Campvention from the South and West could stop off at the Regional before continuing on to Campvention in Canada.

Don & Shirley MacKenzie have stepped down as Regional Directors. Until a new Regional Director is appointed, the National Director will be the Acting Regional Director.



12 Ways to Health

(To the tune of *The Twelve Days of Christmas*)

- The first way to health, said the CDC to me: Wash hands to be safe and healthy.
- The second way to health, ... Bundle up for warmth...
- The third way to health, ... Manage stress...
- The fourth way to health, ... Don't drink and drive...
- The fifth way to health, ... BE SMOKE-FREE...
- The sixth way to health, ... Fasten belts while driving...
- The seventh way to health, ... Get exams and screenings...
- The eighth way to health, ... Get your vaccinations...
- The ninth way to health, ... Monitor the children...
- The tenth way to health, ... Practice fire safety...
- The eleventh way to health, ... Prepare dinner safely...
- The twelfth way to health, said the CDC to me: Eat well and get moving, prepare dinner safely, practice fire safety, monitor the children, get your vaccinations, get exams and screenings, fasten belts while driving, BE SMOKE-FREE, don't drink and drive, manage stress, bundle up for warmth, and wash hands to be safe and healthy.

*Song and lyrics available at:
www.cdc.gov/family/holiday/12ways.htm*

State News

Membership

| | Aug. | Sept. | Oct. | Nov. |
|----------------|------|-------|------|------|
| Central | 14 | 13 | 13 | 12 |
| Eastern | 46 | 46 | 45 | 45 |
| Western | 44 | 44 | 42 | 43 |
| TOTAL | 104 | 103 | 100 | 100 |

New Members

- Ira & Betty McNally (W) (Cadet)
- Robert Cason (W) (Cadet)
- Linda Griffin (E) Life Member

Renewals

- Oscar & Linda Farish (W)
- Gary & Debbie Martin (E)
- Dorothy Crump (C)
- Fred Boger/Tina Harlow (W)

Renewals (continued)

- Earl & Jean Flower (W)

Special Reports

DASAT

Here are five things you can do to help your loved one in the ER:

1. Write down all the patient's medications or put them in a resealable bag and bring them with you. And don't forget to include over-the-counter pills and any herbal medications.
2. If a child swallows a substance that might be dangerous, bring the original container with you. If the ER staff knows what the product is, they can call poison control and get specific treatments. Otherwise, it can be difficult to determine the source.
3. If English isn't the patient's native language, bring an adult translator. Often, people recruit school-aged children to translate, but medical procedures can be too complicated or inappropriate for them to talk about. The ER staff can call a translation service in a pinch. But things will go much more smoothly if a bilingual adult is available.
4. If an event occurred - your child suffered what seemed like a seizure or your elderly father became disoriented - bring in the

person who saw exactly what happened.

Because speed is of the essence, getting this firsthand information can help in making an accurate diagnosis faster.

5. Don't leave the emergency department without written instructions. And don't be afraid to ask questions and have the doctor clarify all aspects of the patient's condition and follow up care. Carefully follow the aftercare instructions, including any additional doctor or specialist appointments.

Courtesy of emergencycareforyou.org

Shelly L. Kasey
DASAT Director

SPC

SPC activities such as hiking or biking held in conjunction with a scheduled chapter campout earn merchandise coupons for the member which can be used to purchase FCRV merchandise or be applied to the camping fee at National Campvention. So, keep "the feet moving."

Dave Von Rump
State SPC Director

District News

Eastern District

Eastern District Fall Campout was held September 23-25 at Holiday Trav L Park, Virginia Beach, VA. We had a good turnout even though the weather was wet and cold. Due to the inclement weather we did not get to see the Blue Angels perform at the Air Show at Oceana Naval Air Station.

We enjoyed good fellowship and of course a great pot luck meal and games in the evening. Thanks to all who turned out, we had a great time.

Spring Eastern District Campout will be held March 23-25, 2012 (no, not a typo; I checked the calendar).

Dave Von Rump,
Eastern District Director,

State News (cont.)

(Continued from page 2)

News of Our Members

Betty Barr (W) – Slow but steady progress after the stroke. Currently working with physical therapists to stimulate the left side of her body.

Ben & Louise Hall (W) – Both passed away about 2 weeks apart in Aug & Sept. They were former Western District Directors.

Dorothy Crump (C) – Died November 13, 2011. Her husband, Floyd, predeceased her several years ago.

Emily Constable (C) – We have just learned, passed away last August. She was the wife of the former State Director, Ralph Constable, who predeceased her several years ago.

Betty East (E) - Betty Had a severe reaction to a new medication. She was hospitalized for 4 days.

State Director's Report

Hello, everyone! We had another great year of camping and camaraderie with our fellow members. There have been a lot of changes at FCRV, and within the Virginia organization, and we continue to learn what our responsibilities will be. We wish to thank Dave and Betty East, and Don and Shirley MacKenzie for all of their patience, guidance and sharing of their vast knowledge of FCRV during our transition into being the new Virginia State Directors. We look forward to meeting more of our members in the coming year, and join chapters for some of their campouts as our schedule allows.

Western District is hosting the Spring Retiree Rally and Statewide, and has chosen the dates of May 16th through May 20th to hold the events. Tentatively, we will camp at North 340 in Waynesboro. Information for registering will be available soon.

Please get your updated rosters and 2012 camping schedules to us as soon as possible. Either email them to doug_jeanb@msn.com or mail them to us at our home, which is: 13 Afton Parkway, Portsmouth, VA 23702. This information must be forwarded to the FCRV home office soon after the first of the year. We prefer to contact members through email, so it is very important that email addresses are updated and accurate. Thanks

It is hard to believe that the Holidays are here already! We hope everyone has a safe and blessed holiday season.

Doug and Jean Bondy
Virginia State Directors



Chapter News

Pinwheelers

We are ending another wonderful camping season and we are already counting the days till we can camp once more. We ended our season camping in Chesapeake for Labor Day weekend. It was a warm weekend and after the hurricane there was plenty of firewood around for everyone.

September we camped at Holiday Trav L Park for Eastern District. There weren't many of us but we had a great time that weekend, out to eat, shopping, air show, games and fellowship. Thanks to Jim Jacobs for the "Name That Tune" entertainment.

October we camped at First Landing, one of our local favorites. The weather was gorgeous for October and we spent a pleasant time on the beach.

Looking back over our camping season our small but effective chapter has accomplished many things. We participated in Clean the Bay Day, collected school supplies for Hope Haven and the Samaritan House, donated sundries and prizes to nursing homes for their bingo prizes, donated goodie bags for soldiers, participated in the United Way Care Day, collected and donated food to needy families and donated blood to the Red Cross. Kudo's to Cody Sawyers, finally 16 yrs old and donated for the first time.

Lisa and Bill Rearick worked all year on collecting, making and putting together an awesome haunted house for Halloween. The admission charge was a non-perishable food donation for the Food Bank. If you were unable to make it out there you missed a great scare. I think Lisa missed her calling and should be working for the movies, Freddie Kruger eat your heart out.

Caring and helping does not have to be a big project, it is the little things that make a difference, hope to have some of you join us next year with our community services.

Shelly Kasey
President

FCRV Virginia State Directory

STATE DIRECTOR

Doug & Jean Bondy, 13 Afton Pkwy, Portsmouth, VA 23702
Ph: 757-397-6809, Cell-757-635-1784,
Email - doug_jeanb@msn.com

ASSISTANT STATE DIRECTOR

VACANT

CENTRAL DISTRICT

Shirley MacKenzie, District Director, FCRV
527 Firehouse Rd., Louisa, VA 23093-5802
Ph: (540) 967-9654 – Email – cedarjunction@cvalink.com

FIELD DIRECTORS

1. Winonia Martz, 413 Crescent Ave., Colonial Heights, VA 23834-5728
Ph: 804-526-7583 – Email – wsmartz@verizon.net
2. Dick & Joan Mann, 15500 Prince George Dr., Disputanta, VA 23842-4105
Ph: 804-733-9743 – Email – rmannva@gmail.com

EASTERN DISTRICT

Dave Von Rump, District Director, FCRV
3204 Glebe Point Rd. Suffolk, VA 23435-1058
Ph: 757-923-9060 – Email – DVonrump@aol.com

FIELD DIRECTORS

1. Shelly Kasey, 3317 Burnt Mill Rd., Virginia Beach, VA 23452-5233
Ph: 757-340-1787 (Pinwheelers) – Email – shellkc1@yahoo.com
2. Carol Eugley, 884 Hopwood Ln., Virginia Beach, VA 23455-5818
Ph: 757-497-2922 (Sandfiddlers) Email – Eugleycl@cox.net

WESTERN DISTRICT

District Director: VACANT

FIELD DIRECTORS

1. Glen & Jane Lamp, 241 Black Oak Ln., Cross Junction, VA 22625-2156
Ph: (540) 888-3062 (Shen-Valley Apple Korps)
2. Cliff & Sue Lance, PO Box 201, Ruckersville, VA 22968-0201
Ph: (434) 985-4053 (Timberwolves) – Email – lanceac4@aol.com
3. Charles & Gerri Smith, 908 Greendale Rd., Harrisonburg, VA 22801-9631
Ph: 540-434-8098 (Non-Affiliates-W) Email – smiffer2@aol.com
4. Sam & Ann Bailey, 627 Spruce St., Staunton, VA 24401-2035
Ph: 540-886-1134, (Travel-N-Wranglers) Email - annbailey_13@msn.com

FCRV Virginia State Directory (cont.)

PROGRAM DIRECTORS

| | |
|--|--|
| INSIGNIA DIRECTOR | John Horan, Jr., 57 Decatur St. Portsmouth, VA 23702, Ph: (757) 485-1130 |
| STATE LEGISLATIVE DIRECTOR | VACANT |
| SPECIAL PROJECTS DIRECTOR | Gary & Debi Lupton, 1661 Hawks Bill Dr. Virginia Beach, VA 23464-7873, Ph: (757) 474-1328 |
| STATE CHAPLAIN | Sheldon & Mildred Whitmore, 1998 Harpine Hwy. Harrisonburg, VA 22802-8316, Ph: (540) 433-2346 |
| STATE SECRETARY | Neva & George Lockett, 112 Kempe Dr. Williamsburg, VA 23188-6323, Ph: (757) 258-9312 |
| STATE TREASURER | Al Miller, 1531 Linden Ave. Chesapeake, VA 23325-3946, Ph: 757-420-5056 |
| STATE DASAT DIRECTOR | Shelly Kasey, 3317 Burnt Mill Rd. Virginia Beach, VA 23452-5233, Ph: 757-340-1787 Email – shellkc1@yahoo.net |
| STATE SPC DIRECTOR | Dave Von Rump, 3204 Glebe Point Rd. Suffolk, VA 23435-1058, Ph: 757-923-9060 Email – DVonrump@aol.com |
| STATE CONSERVATION DIRECTOR | Sam & Ann Bailey, 627 Spruce St. Staunton, VA 24401-2035, Ph: (540) 886-1134 |
| STATE RETIREE DIRECTOR (Acting) | Al & Elaine Miller, 1531 Linden Ave., Chesapeake, VA 23325-3946, Email – yub36@cox.net |
| STATE YOUTH DIRECTOR | VACANT |
| STATE TEEN DIRECTOR | VACANT |
| STATE MEMBERSHIP DIRECTOR | Dave & Betty East, 1609 Eider Ct. Chesapeake, VA 23320-6066 Ph: 757-494-7495; 757-377-4476 (cell) Email: edv668@aol.com |
| STATE HISTORIAN | Winonia Martz, 413 Crescent Ave. Colonial Heights, VA 23834-3728 Ph: (804) 526-7583, Email: winoniasmartz@verizon.net |
| STATE WEBMASTER | Dick & Joan Mann, 15500 Prince George Dr. Disputanta, VA 23842-4105, Ph: 804-733-9743 Email – rmannva@gmail.com |

Updated 11/11

VIRGINIA FCRV SPRING STATEWIDE
May 18-20, 2012
Waynesboro N 340 Campground, Waynesboro, VA

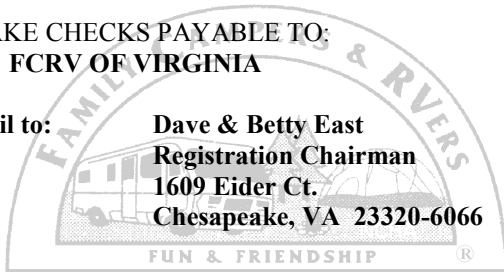
NAME: _____

ADDRESS: _____

* Campout Activity Fee: \$10.00
Per Family (non-refundable)

MAKE CHECKS PAYABLE TO:
FCRV OF VIRGINIA

Mail to: **Dave & Betty East**
Registration Chairman
1609 Eider Ct.
Chesapeake, VA 23320-6066



TYPE OF UNIT _____

SLIDE OUT - YES _____ NO _____

LENGTH OF UNIT _____

NUMBER ATTENDING:

Adult _____ Teen (13-19) _____

Youth _____

CHAPTER _____

Non-Affiliate _____

Handicap Requirements _____

REGISTRATION DEADLINE:

April 30, 2012

*** Please bring non-perishable food items for the Food Bank. ***
*** Monetary donations will also be accepted. ***

(Detach Here)

VIRGINIA FCRV SPRING RETIREE RALLY
May 16-18, 2012
Waynesboro N 340 Campground, Waynesboro, VA

NAME: _____

ADDRESS: _____

* Campout Activity Fee: \$4.00
Per Family (non-refundable)

MAKE CHECKS PAYABLE TO:
FCRV OF VIRGINIA

Mail to: **Dave & Betty East**
Registration Chairman
1609 Eider Ct.
Chesapeake, VA 23320-6066



TYPE OF UNIT _____

SLIDE OUT - YES _____ NO _____

LENGTH OF UNIT _____

NUMBER ATTENDING:

Adult _____ Teen (13-19) _____

Youth _____

CHAPTER _____

Non-Affiliate _____

Handicap Requirements _____

REGISTRATION DEADLINE:

April 30, 2012

**** If attending both rallies, you may send one check for the Rallies - Activity Fee-\$14.00****
****** REMEMBER TO BRING YOUR CHAPTER DOOR PRIZES ******

Virginia Old Dominion Camptalk



NON-PROFIT FAMILY RV/CAMPING ORGANIZATION

F . C . R . V .

WHERE STRANGERS BECOME FRIENDS & FRIENDS BECOME FAMILY



VIRGINIA F.C.R.V.
DAVE & BETTY EAST
LIFE MEMBER-F.C.R.V.
1609 EIDER COURT
CHESAPEAKE, VA 23320-6066